**Badminton Skills Dance**

**Criteria 1:** Each team will choose 3 different Badminton strokes.

**Criteria 2:** Each stroke will be done on an 8 count.

**Criteria 3**: Dance will begin with the ready position for their choice of first stroke.

**Criteria 4:** After each stroke students will backpedal or jog to their next ready position in an 8 count.

**Criteria 5:** Students will work in the ready position for 16 counts and begin the next skill.

**Criteria 6**: The dance will end with student choice of creativity of the follow through of a stroke.

**Criteria 7**: Appropriate music of their choice is put to their dance steps.

**Badminton Dance Rubric**

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| --- | --- | --- | --- | --- | --- |
| **Player**  **Names** | **Perform 3 ready positions with smooth transition** | **Performs steps and movement correctly** | **Effort to perform the Badminton**  **Strokes** | **Performs to the beat of the music** | **Synchronizes movements with team** |
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**4 = Always 3 = Consistently 2 = Usually 1 = Sometimes**

Team Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Song Choice: \_\_\_\_\_\_\_\_\_\_\_\_

